**NHS LOTHIAN**

**Post: Band 5 Mental Health Nurse**

**PERSON SPECIFICATION**

In order to be shortlisted you must demonstrate you meet all the essential criteria and as much of the desirable as possible. When a large volume of applications are received for a vacancy and most applicants meet the essential criteria then the desirable criteria is used to produce the shortlist.

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| Criteria | Essential | Desirable | How assessed |
| Personal Traits | Able to work effectively within a team situation.Motivated and committed to further development skills and knowledge relevant to postFlexible and adaptableAbility to assess priorities and organise own workloadAbility to manage time in relation to case work and other role demandsAbility to identify and demonstrate effective practiceAbility to clearly identify role of supervisionExperience in a supervisory capacity |  |  |
| Qualifications and Training | RMN – Registered NurseEvidence of continuing education | Post basic courseStudy at Degree level |  |
| Experience and Knowledge | Understanding of current clinical governance issues | Previous post experience  |  |
| Skills and/or Abilities | Well developed written and verbal communication skillsDemonstrate clinical decision making skills within limitations of experience.Demonstrate experience with client group and competence in clinical skills relevant to the area of employment.Evidence of planning, implementing and evaluating care following assessmentExposure and experience of information technology | Keenness to develop practice and clinical skills in psychological therapy interventions |  |
| Specific Job Requirements | Understanding of management of controlled drugsKnowledge of Assessment / care planningKnowledge of mental health act.Knowledge of named nurse conceptKnowledge of Adult with Incapacity and PVG |  |  |

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| Key – how assessed |
| A = Application form | I = Interview |
| C = Copies of certificates | T= Test or exercise |
| P = Presentation | R = References |

JOB DESCRIPTION

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|  1. JOB IDENTIFICATION
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| Job Title: Community mental health Nurse Band 5Responsible to (insert job title): Community Mental Health Team LeaderDepartment (s): Midlothian IHTTDirectorate: Midlothian H & S C Partnership Operating Division: NHS LothianJob Reference: L-GEN-NM-MH-SN |
| 1. JOB PURPOSE
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| As part of a multidisciplinary team the post holder will have responsibility to ensure the delivery of high quality care for patients experiencing mental health/illness issues (with consideration of carers) by the assessment of care needs, the development of programmes of care, the implementation and the evaluation of these programmes. In the absence of the Senior Nurse / Team Manager the post holder may be required to provide cover to ensure effective operation of the clinical area.Provision of teaching and supervision of Undergraduate Student Nurses |
| 1. DIMENSIONS
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| Management and coordination of patient careStaffing responsibilities -Supervision and mentoring of junior staff and studentsFinancial/Budgetary (ordering supplies) The postholder is employed within NHS Lothian and there may be a requirement to work flexibly across Lothian to meet service demands. |
|  1. ORGANISATIONAL POSITION
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| Mental Health Service Manager / Clinical Service Development Manager|Mental Health Team Leader|Community Mental Health Nurse band 6|Mental Health Staff Nurses (This Post)|Mental Health Clinical Support Workers (Community) |

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|  1. ROLE OF DEPARTMENT
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| To provide mental health nursing within a multi-disciplinary team to patients within their family and Community environment and in conjunction with other agencies within and external to the organisation. To provide, through assessment and implementation of clinical interventions, a comprehensive and individualised package of care. |
| 1. KEY RESULT AREAS
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| 1. To assess patients, plan their care, implement and evaluate programmes of care and consult / involve patient / carers at all stages of the patients’ journey to ensure patients receive a high standard of nursing care.
2. To organise own workload and workload of others within the team to ensure the patients care needs are met and systems of teamwork are maintained.
3. To lead the nursing team, in the absence of the Charge Nurse / Team Manager and act as a source of advice to ensure smooth organisation so patients and their relatives receive a high standard of prescribed care.
4. To support, guide and direct junior members of the team to appropriately provide holistic nursing care for patients ensuring robust risk assessment.
5. To contribute to the arrangements for patient admissions and discharges so that patients are admitted according to the clinical area procedures and discharges are fully planned.
6. To implement and maintain, as part of the multidisciplinary team, policies, procedures, standards and protocols of the clinical area to ensure adherence to, and delivery of the highest level of patient care at all times.
7. To participate in audit systems to monitor the delivery and standards of care given to patients and their families.
8. To have an overall awareness of potential risks within the ward area assessing these at all times (including patient behaviours and working environment) to ensure the health and safety of patients, visitors and staff and compliance with related legislation and guidelines.
9. To have direct involvement in the provision of education and development of pre-registration, appropriate post-registration students and other members of the multidisciplinary team to ensure that appropriate learning opportunities are provided and students feel supported. To participate in the PDPR processes for junior members of the team. Providing mentorship and clinical supervision.
10. To order supplies and supplementary staff ensuring that resources are used appropriately and efficiently at all times.
11. Ensure patients property and valuables that are received by the ward for safekeeping are secured and processed as NHS Lothian policy (if appropriate).
12. To maintain effective written and verbal communications with patients, relatives and other members of the multidisciplinary team to ensure patient needs are met and appropriate information is shared and documented.
13. To develop within the post by expanding knowledge and skills to ensure continuous professional development and the delivery of evidence-based practice, as per NMC fitness to practice.
14. To support NHS Lothian’s values of quality, teamwork, care and compassion, dignity and respect, and openness, honesty and responsibility through the application of appropriate behaviours and attitudes.
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|  7a. EQUIPMENT AND MACHINERY |
| The postholder will be expected to be responsible and knowledgeable in the safe use of all clinical and non clinical equipment used within the area ensuring this is checked and maintained and where problem are identified these resolved so that all equipment is fit for purpose.Note: New equipment may be introduced as the organisation and technology develops, however training will be provided. |
|  7b. SYSTEMS |
| The following are examples of systems which will be used when undertaking the role: * maintenance of patient records
* for ordering stores and supplies
* Risk assessments
* eLearning modules – personal development
* Intranet and internet – access to policies

Note: New systems may be introduced as the organisation and technology develops, however training will be provided. |

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| 1. ASSIGNMENT AND REVIEW OF WORK
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| Workload is determined by the needs of the service.The post-holder will work without direct supervision and will delegate work to other members of the nursing team as necessary.The post holder’s work will be assigned by the line manager although the post holder will manage their own daily workload.The post holder will be responsible to the Senior Charge Nurse / Team Manager for clinical guidance and professional management, work review and formal appraisal of performance. |

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|  1. DECISIONS AND JUDGEMENTS
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| The post holder is expected to clinically assess patients to establish any changes, inform other members of the multidisciplinary team as necessary and plan and review subsequent care.The post holder has discretion to make clinical decisions regarding patient care within clinical/professional guidelines working as part of a multi disciplinary team. The post holder is expected to anticipate problems in meeting patients’ care needs and resolve them autonomously / within the nursing team or seek advice from a more senior nurse. In the absence of the Senior Nurse / Team Manager allocates work and deployment of staff.Participate in the appraisal process through Personal Development Planning and review in line with the Knowledge and Skills Framework. |

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| 1. MOST CHALLENGING/DIFFICULT PARTS OF THE JOB
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| Managing the demands of direct and indirect patient care within available resources. Seeking local resolution to complaints from patients and relatives and advising on the formal complaint procedure if required.In the absence of the Charge Nurse / Team Manager providing leadership to ensure the effective operation of the area.Managing patients who are displaying risk behavioural problems. |

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| 1. COMMUNICATIONS AND RELATIONSHIPS
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| Communicate verbally and in writing to members of the multidisciplinary team - members of Health and social care partnership teams; statutory and non-statutory services with the ability to express professional views within group settings and support client advocacy.The postholder will communicate with patients with mental health problems who may be hostile or antagonistic.In addition to the above other contact falls into the following main categories in relation to healthcare, staffing and service issues:* The patient, their relatives and the multidisciplinary team involved in the provision of care
* Nursing staff regarding patient care, allocation of work, workload issues
* Other relevant departments within the division e.g. Facilities, Estates, Domestic Services
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| 12. PHYSICAL, MENTAL, EMOTIONAL & ENVIRONMENTAL DEMANDS OF THE JOB |
| **Physical Skills:**Skills required to undertake clinical interventions e.g. administer intra-muscular injections, syringe pumps and infusions, insertion of urinary catheters, wound management (having completed competency).Manual handling and management of violence and aggression on a daily basis including e.g. safely manoeuvre patients some of whom may be highly dependant, manoeuvring wheelchairs, hoists, moving clinical equipment, control and restraint.(this list is not exhaustive and will vary depending on clinical area).**Physical Demands:**Patient movement with use of mechanical aides, manoeuvre patients.Push trolley’s, wheelchairs.Stand/walking for the majority of shift.**Mental Demands:**Concentration required when checking documents including prescriptions; updating patient records; and dispensing, calculating doses and administering medication.Frequent interruptions from patients / relatives / team members.Concentration required when observing patient behaviours which may be unpredictable and providing ongoing risk assessment.1:1 conversations with patient’s up to one hour at a time.Leading group work with patient’s.**Emotional Demands:**Communicating with distressed / anxious / worried patients and relatives.Communicating with and caring for patients who have reduced understanding and insight due to cognitive impairments.Caring for patients and supporting relatives following receipt of bad news.Caring for the terminally ill.Supporting junior staff / colleagues in the work environment.**Working Conditions:**Exposure to body fluids, faeces, emptying bed pans/urinals, catheter bags.Daily exposure to verbal and physical aggression from patients and relatives / other visitors. (several times each shift).Exposure to infections and temperature variations. |

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| 13. KNOWLEDGE, TRAINING & EXPERIENCE REQUIRED TO DO THE JOB |
| Registered Nurse with NMC – Mental Health.Team-working skills and the ability to work using own initiative. Effective communication and time management skills.management of violence and aggression training- level 3 Control and restraint. |

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| 14. JOB DESCRIPTION AGREEMENT |
| A separate job description will need to be signed off by each jobholder to whom the job description applies.Job Holder’s Signature: Head of Department Signature:  | Date: Date:  |