NHS LOTHIAN – Children's Services

Post: Band 5 – Staff Nurse

PERSON SPECIFICATION

Criteria	Essential	Desirable
Personal Traits	Approachable Articulate Communicator Flexibility Professional attitude to work Motivated to work within speciality	
Qualifications & Training Level of education, professional qualifications, training and learning programmes/courses.	RN Child Health, LD/RSCN degree/diploma	Evidence of CPD BSc Cleanliness Champion
Experience and Knowledge Type of experience, level at which experience gained. Depth and extent of knowledge.	Experience of nursing children in a variety of settings Ability to work as part of a team working	Experience of working with children within speciality
Skills/Abilities Range and level of skills, i.e. communication (oral, written, presentation), planning/ organisation, numeracy, leadership etc.	Good oral and written communication skills Excellent numeracy skills IT Skills Care plan compilation Ability to plan and organise care for group of patients	
Specific Job Requirements Environmental conditions, unsociable hours, car driver etc.		

If you do not meet the essential criteria as detailed above then please do not apply for this post as you will not be short-listed

JOB DESCRIPTION

1. JOB IDENTIFICATION

Job Title:	Staff Nurse (Band 5)
Responsible to:	Senior Charge Nurse
Department(s):	Respite Residential service
Directorate:	Women & Children
Operating Division:	Acute
Job Reference:	L-GEN-NM-NS-SN
No of Job Holders:	8]

2. JOB PURPOSE

As part of a multidisciplinary team the post holder will have responsibility to ensure the delivery of high quality care to patients by the assessment of care needs, the development of programmes of care, the implementation and the evaluation of these programmes.

In the absence of the Deputy / Charge Nurse the post holder may be required to provide cover to ensure effective operation of the ward.

3. DIMENSIONS

The post holder is part of the multi-disciplinary team providing care to children and young people providing support and treatment for children and young people within 0-18 yrs with complex and exceptional health care needs and to contribute to the nursing assessment and assist in the delivery of individualised care as directed by the registered nurse.

The post-holder is expected to work within the Respite Residential service which comprises of 2 community based houses, Sunndach & Calareidh. The service supports approximately 40 children and their families who reside within NHS Lothian

Typically the post holder may work with Nursing, Social Work, Education and AHP staff, supporting students and volunteers.

Post holder does not have direct responsibility for financial management but is required to operate within the financial budget available in regard to stock control and ordering

Staffing responsibilities: Supervision and mentoring of junior staff and students

Ordering of supplies and supplementary staffing.

The postholder is employed within NHS Lothian and there may be a requirement to work flexibly across Lothian to meet service demands.

4. ORGANISATIONAL POSITION

Associate Director of Nursing I Clinical Nurse Manager I Senior Charge Nurse (this Post) I Deputy Charge nurse I <u>This post</u>

> HCSW I Housekeeper

5. ROLE OF DEPARTMENT

The Respite Residential service (Sunndach & Calareidh), provides residential based care and support for Children and young people with multiple complex disabilities who have exceptional Health Care Needs within NHS Lothian.

The service comprises of two bedded community based purpose built houses which both incorporate 4 beds for long term and 5 beds for short term care. The patient group consists of children and young people 0-18 years with profound , multiple complex disabilities , exceptional health care needs and life limiting conditions

The service works in partnership with parents and carers and other Care Giving Agencies, including Education Departments, Social Work Departments

6. KEY RESULT AREAS

- 1. To assess patients, plan their care, implement and evaluate programmes of care and consult / involve patient / carers at all stages of the patients journey to ensure patients receive a high standard of nursing care.
- 2. To organise own workload and workload of others within the team to ensure the patients care needs are met and systems of teamwork are maintained.
- 3. To lead the nursing team, in the absence of the Deputy / Charge Nurse and act as a source of advice to ensure smooth organisation so patients and their relatives receive a high standard of prescribed care.
- 4. To support, guide and direct junior members of the team to appropriately provide holistic nursing care for patients.

- 5. To contribute to the arrangements for patient admissions and discharges so that patients are admitted according to the ward procedures and discharges are fully planned.
- 6. To implement and maintain, as part of the multidisciplinary team, policies, procedures, standards and protocols of the clinical area to ensure adherence to, and delivery of the highest level of patient care at all times.
- 7. To participate in audit systems to monitor the delivery and standards of care given to patients and their families.
- 8. To have an overall awareness of potential risks within the ward area assessing these at all times (including patient behaviours and working environment) to ensure the health and safety of patients, visitors and staff and compliance with related legislation and guidelines.
- 9. To have direct involvement in the provision of education and development of pre-registration, appropriate post-registration students and other members of the multidisciplinary team to ensure that appropriate learning opportunities are provided and students feel supported. To participate in the PDPR processes for junior members of the team.
- 10. To order supplies and supplementary staff ensuring that resources are used appropriately and efficiently at all times.
- 11. Ensure patients property and valuables that are received by the ward for safekeeping are secured and processed as division policy.
- 12. To maintain effective written and verbal communications with patients, relatives and other members of the multidisciplinary team to ensure patient needs are met and appropriate information is shared and documented.
- 13. To develop within the post by expanding knowledge and skills to ensure continuous professional development and the delivery of evidence-based practice.
- 14. To support NHS Lothian's values of quality, teamwork, care and compassion, dignity and respect, and openness, honesty and responsibility through the application of appropriate behaviours and attitudes.

7a. EQUIPMENT AND MACHINERY

The postholder will be expected to be responsible and knowledgeable in the safe use of all clinical and non clinical equipment used within the area ensuring this is checked and maintained and where problem are identified these resolved so that all equipment is fit for purpose.

Note: New equipment may be introduced as the organisation and technology develops, however training will be provided.

7b. SYSTEMS

The following are examples of systems which will be used when undertaking the role:

Patient information recording systems.

Risk assessments.

Supplies and equipment ordering systems.

Staff bank ordering system.

Note: New equipment may be introduced as the organisation and technology develops, however training will be provided.

8. ASSIGNMENT AND REVIEW OF WORK

Workload is determined by the needs of the service.

The post-holder will work without direct supervision and will delegate work to other members of the nursing team as necessary.

The post holder's work will be assigned by the line manager although the post holder will manage their own daily workload.

The post holder will be responsible to the Deputy / Charge Nurse for clinical guidance and professional management, work review and formal appraisal of performance.

9. DECISIONS AND JUDGEMENTS

The post holder is expected to clinically assess patients to establish any changes, inform other members of the multidisciplinary team as necessary and plan subsequent care.

The post holder is expected to anticipate problems in meeting patients' care needs and resolve them autonomously / within the nursing team or seek advice from a more senior nurse.

The post holder, once they have completed symptomatic relief training, makes clinical judgements about the administration of medicines covered by a symptomatic relief prescription.

In the absence of the Deputy / Charge Nurse allocates work and deployment of staff.

Participate in the appraisal process through Personal Development Planning and review in line with the Knowledge and Skills Framework.

10. MOST CHALLENGING/DIFFICULT PARTS OF THE JOB

Managing the demands of direct and indirect patient care within available resources.

Seeking local resolution to complaints from patients and relatives and advising on the formal complaint procedure if required.

In the absence of the Deputy / Charge Nurse providing leadership to ensure the effective operation of the area.

Managing patients who are displaying behavioural problems.

11. COMMUNICATIONS AND RELATIONSHIPS

Communicate verbally and in writing to members of the multidisciplinary team - members of Primary Health Care Team, Social Care; statutory and non-statutory services with the ability to express professional views within group settings and support client advocacy.

In addition to the above other contact falls into the following main categories in relation to healthcare, staffing and service issues:

The patient, their relatives and the multidisciplinary team involved in the provision of care. Nursing staff regarding patient care, allocation of work, workload issues.

Other relevant departments within the division e.g. Facilities, Estates, Domestic Services.

12. PHYSICAL, MENTAL, EMOTIONAL AND ENVIRONMENTAL DEMANDS OF THE JOB

Examples may include:

Physical Skills:

Skills required to undertake clinical interventions e.g. administer intravenous injections and or intramuscular injections, syringe pumps and infusions, insertion of urinary catheters, wound management. (this list is not exhaustive and will vary depending on clinical area).

Physical Demands:

Patient movement with use of mechanical aides, manoeuvre patients.

Push trolleys, wheelchairs.

Stand/walking for the majority of shift.

Mental Demands:

Concentration required when checking documents including prescriptions; updating patient records; and dispensing, calculating doses and administering medication.

Frequent interruptions from patients / relatives / team members.

Concentration required when observing patient behaviours which may be unpredictable.

Emotional Demands:

Communicating with distressed / anxious / worried patients and relatives.

Communicating with and caring for patients who have reduced understanding and insight due to cognitive impairments.

Caring for patients and supporting relatives following receipt of bad news.

Caring for the terminally ill.

Supporting junior staff / colleagues in the work environment.

Working Conditions:

Exposure to body fluids, faeces, emptying bed pans/urinals, catheter bags (several times each shift).

Potential exposure to verbal and physical aggression from patients and relatives / other visitors.

Exposure to infections and temperature variations.

13. KNOWLEDGE, TRAINING AND EXPERIENCE REQUIRED TO DO THE JOB

Registered Nurse. Team-working skills and the ability to work using own initiative. Effective communication and time management skills.

14. JOB DESCRIPTION AGREEMENT

A separate job description will need to be signed off by each jobholder to whom the job description applies.	
Job Holder's Signature	Date:
Head of Department Signature:	Date: