

NHS Lothian

Post: Band 5 Mental Health Nurse

PERSON SPECIFICATION

In order to be shortlisted you must demonstrate you meet all the essential criteria and as much of the desirable as possible. When a large volume of applications are received for a vacancy and most applicants meet the essential criteria then the desirable criteria is used to produce the shortlist.

Criteria	Essential	Desirable	How assessed
Personal Traits	Able to work effectively within a team situation. Motivated and committed to further development of skills and knowledge Flexible and adaptable Ability to assess priorities and organise own workload Ability to manage time in relation to case work Ability to identify and demonstrate effective practice Ability to identify role of supervision Experience in a supervisory capacity		I
Qualifications and Training	RMN – Registered Nurse Evidence of continuing education	Post basic course Project work associated with clinical environment Study at Degree level	A C
Experience and Knowledge	Understanding of clinical governance issues		A, I
Skills and/or Abilities	Well developed written and verbal communication skills Demonstrate clinical decision making skills within limitations of experience. Demonstrate competence in clinical skills with acute mental health issues, methods of assessment, including those skills and competencies relevant to the area of employment.	Exposure and experience of information technology	A, I
Specific Job Requirements	Mobile throughout Lothian area		

Key – how assessed

A = Application form	I = Interview
C = Copies of certificates	T = Test or exercise
P = Presentation	R = References

JOB DESCRIPTION

1. JOB IDENTIFICATION

Job Title:	Community Mental Health Staff Nurse (Band 5)
Responsible to:	Team Manager
Department(s):	Substance Misuse Service
Directorate:	Midlothian Health and Social Care Partnership
Operating Division:	
Job Reference:	L-GEN-NM-MH-SNCOMM
No of Job Holders:	2

2. JOB PURPOSE

As part of a multidisciplinary team the post holder will have responsibility to ensure the delivery of high quality care to patients by the assessment of care needs, the development of programmes of care, the implementation and the evaluation of these programmes.

In the absence of the Senior Charge Nurse / Team Manager the post holder may be required to provide cover to ensure effective operation of the clinical area.

3. DIMENSIONS

Financial:

Day-to-day responsibility for managing patients' funds held at ward level or the safekeeping of patients house keys kept in the community.

Ordering of supplies and supplementary staffing.

Staffing:

Supervision and mentoring of junior staff and students

The postholder is employed within NHS Lothian and there may be a requirement to work flexibly across Lothian to meet service demands.

4. ORGANISATIONAL POSITION

Clinical Services Development Manager

|

Team Manager

|

Community Mental Health Nurse (B6)

|

Community Psychiatric Nurse (This post)

Key:

----- represents professional accountability

5. ROLE OF DEPARTMENT

] Adult substance misuse service providing nursing, psychiatric & medical, psychology and occupational therapy care to people dependent on drugs or alcohol. The approach is biopsychosocial offering pharmacological treatment alongside psychological and occupational therapies with links to peer support and mutual aid (Anon fellowships & SMART & recovery cafes).

We offer a comprehensive package of care incorporating Blood Bourne Virus screening, Risk Assessment, GBV screening, Child Protection screening, and work in partnership with our clients to have a recovery care plan for their own individual needs. This recovery care plan is reviewed regularly with the client. Clients self refer via the Gateway clinics. These clinics are run jointly (twice weekly) with Meld. We see on average 35 new referrals each month. GP's and other professionals may still refer clients to ourselves if there are issues with relation to attending Gateway Clinics e.g. mobility, poor mental health.

6. KEY RESULT AREAS

1. To assess patients, plan their care, implement and evaluate programmes of care and consult / involve patient / carers at all stages of the patients' journey to ensure patients receive a high standard of nursing care.
2. Managing a delegated caseload, responsible for organising and prioritising own workload and workload of others within the team to ensure the patients care needs are met and systems of teamwork are maintained.
3. In the absence of the Charge Nurse / Team Manager required to respond to arising clinical needs and act as a source of advice to ensure smooth organisation so patients and their relatives receive a high standard of prescribed care.
4. To support, guide and direct junior members of the team to appropriately provide holistic nursing care for patients ensuring robust risk assessment and management of the patient.
5. To contribute to the arrangements for patient referrals and pathways so that patients are managed according to the clinical area procedures and processes and discharges are fully planned.
6. To implement and maintain, as part of the multidisciplinary team, policies, procedures, standards and protocols of the clinical area to ensure adherence to, and delivery of the highest level of patient care at all times.
7. To participate in audit systems to monitor the delivery and standards of care given to patients and their families.
8. To have an overall awareness of potential risks within the client group, assessing these at all times (including patient behaviours and working environment) to ensure the health and safety of patients, visitors and staff and compliance with related legislation and guidelines.

9. To have direct involvement in the provision of education and development of pre-registration, appropriate post-registration students and other members of the multidisciplinary team to ensure that appropriate learning opportunities are provided and students feel supported. To participate in the PDPR processes for junior members of the team. Providing mentorship and clinical supervision.
10. To order supplies ensuring that resources are used appropriately and efficiently at all times.
11. To maintain effective written and verbal communications with patients, relatives and other members of the multidisciplinary team to ensure patient needs are met and appropriate information is shared and documented. Adhering to best practice guidance on information sharing and recording in line with Public Protection, NMC and NHS Lothian publications.
12. To develop within the post by expanding knowledge and skills to ensure continuous professional development and the delivery of evidence-based practice, as per NMC fitness to practice.
13. To support NHS Lothian's values of quality, teamwork, care and compassion, dignity and respect, and openness, honesty and responsibility through the application of appropriate behaviours and attitudes.

7a. EQUIPMENT AND MACHINERY

The postholder will be expected to be responsible and knowledgeable in the safe use of all clinical and non clinical equipment used within the area ensuring this is checked and maintained and where problem are identified these resolved so that all equipment is fit for purpose.

Note: New equipment may be introduced as the organisation and technology develops, however training will be provided.

7b. SYSTEMS

The following are examples of systems which will be used when undertaking the role:

- maintenance of patient records -TRAK
- for ordering stores and supplies
- Risk assessments
- eLearning modules – personal development
- Intranet and internet – access to policies
- Health Roster
- Datix
- Empower
- eKSF

Note: New systems may be introduced as the organisation and technology develops,

however training will be provided.

8. ASSIGNMENT AND REVIEW OF WORK

Workload is determined by the needs of the service.

The post-holder will work without direct supervision and will delegate work to other members of the nursing team as necessary.

The post holder will participate in caseload supervision with a more senior member of the team (both formal and informal basis). If undertaking a formal therapeutic approach will also participate in supervision for that therapy.

The post holder's work will be assigned by the line manager although the post holder will manage their own daily workload.

The post holder will be responsible to the Line Manager/senior nurse for clinical guidance and professional management, work review and formal appraisal of performance.

9. DECISIONS AND JUDGEMENTS

The post holder is expected to clinically assess patients to establish any changes, inform other members of the multidisciplinary team as necessary and plan subsequent care.

The post holder is expected to anticipate problems in meeting patients' care needs and resolve them autonomously / within the nursing team or seek advice from a more senior nurse.

The post holder, once they have completed symptomatic relief training, makes clinical judgements about the administration of medicines covered by a symptomatic relief prescription.

In the absence of senior staff allocates work and deployment of staff.

Participate in the appraisal process through Personal Development Planning and review in line with the Knowledge and Skills Framework.

10. MOST CHALLENGING/DIFFICULT PARTS OF THE JOB

Managing the demands of direct and indirect patient care within available resources.

Seeking local resolution to complaints from patients and relatives and advising on the formal complaint procedure if required.

In the absence of senior staff providing leadership to ensure the effective operation of the area.

Managing patients who are displaying risk behavioural problems.

Negotiating with other professional groups e.g. Police, GP's

11. COMMUNICATIONS AND RELATIONSHIPS

Communicate verbally and in writing to members of the multidisciplinary team - members of Health and social care partnership teams; statutory and non-statutory services with the ability to express professional views within group settings and support client advocacy.

The postholder will communicate with patients with mental health problems who may be hostile or antagonistic.

In addition to the above other contact falls into the following main categories in relation to healthcare, staffing and service issues:

- The patient, their relatives and the multidisciplinary team involved in the provision of care
- Inpatient ward staff and other mental health teams and Police Scotland.
- Multi Disciplinary Team regarding patient care, allocation of work, workload issues
- Other relevant departments within the organisation e.g. Facilities, Estates, Domestic Services

12. PHYSICAL, MENTAL, EMOTIONAL AND ENVIRONMENTAL DEMANDS OF THE JOB

Examples may include:

Physical Skills:

Skills required to undertake clinical interventions e.g. administer intra-muscular injections, Phlebotomy, physical health checks- weight, BP, pulse, alcometer

Manual handling and management of violence and aggression manoeuvring wheelchairs, , moving clinical equipment, breakaway techniques

(this list is not exhaustive and will vary depending on clinical area).

Physical Demands:

Computer skills.

Mental Demands:

Concentration required when checking documents including prescriptions; updating patient records; and dispensing, calculating doses and administering medication.

Frequent interruptions from patients / relatives / team members.

Concentration required when observing patient behaviours which may be unpredictable and providing ongoing risk assessment.

1:1 conversations with patient's up to one hour at a time.

Leading group work with patient's.

Concentration required e.g. when delivering evidence based interventions- active listening

Emotional Demands:

Communicating with distressed / anxious / worried patients and relatives.

Communicating with and caring for patients who have reduced understanding and insight due to cognitive impairments.

Caring for patients and supporting relatives following receipt of bad news.

Caring for the terminally ill.

Supporting junior staff / colleagues in the work environment.

Exposure to traumatic histories and episodes of self injury/ suicide attempts

Working Conditions:

Exposure to body fluids, faeces, emptying bed pans/urinals, catheter bags.

Daily exposure to verbal aggression from patients and relatives / other visitors. and occasional physical aggression.
Exposure temperature variations.

13. KNOWLEDGE, TRAINING AND EXPERIENCE REQUIRED TO DO THE JOB

Registered Nurse with NMC – Mental Health.
Team-working skills and the ability to work using own initiative.

Effective communication and time management skills.

Management of violence and aggression training - Breakaway Techniques and e-learning

14. JOB DESCRIPTION AGREEMENT

A separate job description will need to be signed off by each jobholder to whom the job description applies.

Job Holder's Signature:

Date:

Head of Department Signature:

Date: